



METROPOLIS  
OF DETROIT

# ANNUNCIATION GREEK ORTHODOX CHURCH

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Rev. Father Simon Thomas, Parish Priest

Rev. Father Nicholas Vieron, Pastor Emeritus

**Sunday, March 4,  
2018**

Sunday of St. Gregory  
Palamas

**Holy Bread**

Enosis Touliatos

**Ushers**

Scouts

**Greeters**

Scouts

**Epistle Reader**

Maryanna Cou-  
loubaritsis

**Coffee Fellowship**

Hosted by the family  
of Diana Mazas for  
her 40 Day Memorial  
& by the Scout Par-  
ents for Scout Sun-  
day

Welcome to the Annunciation Greek Orthodox Church. We are blessed that you have come to our worship service, and hope that you will be both enlightened and inspired. Every Sunday we celebrate the Resurrection of our Lord, God, and Savior Jesus Christ. The Christian Orthodox Church is the Church of the Resurrection and we rejoice in the Lord's triumph over death.

If you are attending an Orthodox Church for the first time, our service may be foreign and perplexing to you. We assure you that everything we do is firmly rooted in the Scriptures. Please feel free to participate to the level that you feel comfortable.

The Orthodox Church understands the Eucharist – the Lord's Supper – to be, among other things, the paramount expression of Christian unity. The unfortunate reality of our day is that the various segments of Christendom are not unified with the historic Orthodox Faith. We fervently pray for this unity as noted in every service of the Orthodox Church. *Since participation in the Eucharist expresses a unity with all the dogma and practices of the Orthodox Church, non-Orthodox guests do not receive Holy Communion.* All guests are invited to receive the blessed bread at the end of the service.

## First Antiphon

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*Through the intercessions of the Theotokos, Savior, save us!*

Verse 1: Bless the Lord, O my soul, and all that is within me bless His holy name.

Psalm 102:1

Verse 2: Bless the Lord, O my soul, and forget not all that He has done for you.

Psalm 102:2

Verse 3: The Lord in heaven has prepared His throne, and His kingdom rules over all.

Psalm 102:17

## Second Antiphon

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Save us, O Son of God, Who arose from the dead. We sing to You: Alleluia

Verse 1: Praise the Lord, O my soul; I will praise the Lord in my life; I will chant unto my God for as long as I have my being.

Psalm 145:1-2

Verse 2: Blessed is He of whom the God of Jacob is his help, whose hope is in the Lord his God.

Psalm 145:5

Verse 3: The Lord shall be King unto eternity; your God, O Zion, from generation to generation.

Psalm 145:10

## Third Antiphon

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Apolytikion of the Sunday

Verse: This is the day the Lord has made; let us be glad and rejoice in it. Let the heavens and the earth praise Him.

Psalm 117:24; Psalm 68:34

# Resurrectional Apolytikion

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*Sung before and after the Small Entrance in the Plagal First Mode*

Angelic powers were above Your tomb, and they that guarded You became as dead. And Mary stood by the grave seeking Your immaculate Body. You have despoiled Hades and were not tried thereby. You did meet the Virgin and did grant us life. O You Who did arise from the dead, Lord, glory be to You.

# Apolytikion for Saint Gregory Palamas

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*Sung after the hymn above in the Eighth Mode*

Light of Orthodoxy, pillar and teacher of the Church, adornment of monastics, invincible champion of theologians, O Gregory you wonderworker, boast of Thessalonica, herald of grace: ever pray that our souls be saved.

# Hymn of the Annunciation

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*Sung after the hymn above in the Fourth Mode*

Today is the beginning of our salvation and the revelation of the mystery before the Ages. The Son of God becomes the Son of the Virgin, and Gabriel proclaims the great grace. Therefore, with him let us cry out unto the Theotokos, "Hail, Rejoice, O highly favored one; the Lord is with you."

Σήμερον τῆς σωτηρίας ἡμῶν τὸ κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος μυστηρίου ἡ φανέρωσις· ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

# Seasonal Kontakion

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*Sung after the hymn above in the Eighth Mode*

To you, Theotokos, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you: "Hail, unwedded bride!"

**Sunday, Mar 4, 2018**

St. Gregory Palamas  
St. Gerasimos the  
Righteous  
St. Paul & his sister Juli-  
ana

**Monday, Mar 5, 2018**

St. Konan the Garden-  
er  
St. Mark the Ascetic

**Tuesday, Mar 6, 2018**

42 Martyrs of Amorion  
Finding the Cross by St.  
Helen

**Wednesday, Mar 7,  
2018**

7 Hieromartyrs of Cher-  
son  
St. Laurence of Mega-  
ra

**Thursday, Mar 8, 2018**

St. Theophylaktos, Bish-  
op of Nicomedeia  
St. Hermas of the 70

**Friday, Mar 9, 2018**

40 Martyrs at Lake Se-  
baste  
St. Caesarios the Right-  
eous

**Saturday, Mar 10, 2018**

St. Kodratos & his Com-  
panions  
St. Anastasia of Alex-  
andria

## Epistle: Hebrews 1:10-14; 2:1-3

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**Prokeimenon. Mode Plagal 2.  
Psalm 27.9,1**

O Lord, save your people and bless your inher-  
itance.

Verse: To you, O Lord, I have cried, O my God.

**The reading is from St. Paul's Letter to the Hebrews  
1:10-14; 2:1-3**

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

**Sunday, Mar 4, 2018**  
**Fast Day (Wine and Oil Allowed)** | Wine and

oil are allowed. Refrain from meat, fish, dairy, and eggs.

**Monday, Mar 5, 2018**  
**Fast Day (Wine and Oil Allowed)** | Wine and

oil are allowed. Refrain from meat, fish, dairy, and eggs.

**Tuesday, Mar 6, 2018**  
**Strict Fast** | Refrain from meat, fish, oil, wine, dairy, and eggs.

**Wednesday, Mar 7, 2018**

**Strict Fast** | Refrain from meat, fish, oil, wine, dairy, and eggs.

**Thursday, Mar 8, 2018**

**Strict Fast** | Refrain from meat, fish, oil, wine, dairy, and eggs.

**Friday, Mar 9, 2018**  
**Fast Day (Wine and Oil Allowed)** | Wine and

oil are allowed. Refrain from meat, fish, dairy, and eggs.

**Saturday, Mar 10, 2018**  
**Fast Day (Wine and Oil Allowed)** | Wine and

oil are allowed. Refrain from meat, fish, dairy, and eggs.

## **Gospel: Mark 2:1-12**

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At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

# Visitation Committee

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**March:** Linda Nichols, Anne Schmitt, & Debbie Bookas

**April:** Cary Chiungos & Mary Katherine Taras

**May:** Demie Bitinis, Tricia Grantham, Emily Capadalis Love, & Georgia Karris

**June:** Despina Karas & Angela Tobias

**July:** Maria Moore & Diane Kavelaras

**August:** NEED VOLUNTEERS

**September:** Susanna Peters & Cathe Skefos

**October:** Sophie Theodore & Kristine Wagner

**November:** Loretta Taras & Tasia Vergos

**December:** Anastasia Terranova & Athena Jamison

**January:** Nancy Tashie, Jan Futris & Tina Liollo

**February:** Vicki Hoover & Evangelina Panas

**The following members of our parish family have requested visitation. For address and/or contact information please check your parish directory or contact the Church Office.**

Alec Collis

Maria Hetos

Kosta Taras

Alex Gogonelis

Stella Nichols

***Please contact Kristine Wagner if you would like to volunteer to be on the 2018-2019 Visitation Committee, a ministry of the Elpis Philoptochos.***

# Announcements

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Today is Scout Sunday at the Annunciation, and we honor our Scouts in the Parish. In 1960, the Standing Conference of Canonical Orthodox Bishops in the Americas [SCOBA] endorsed Scouting as viable part of their youth ministry and created the Eastern Orthodox Committee on Scouting [EOCS]. This is presently an agency under The Assembly of Canonical Orthodox Bishops in the Americas. The Scout Law says that a "Scout is Reverent" and the Scouts of all ages promise to do their "Duty to God". These values strengthen youth character in their family, community and faith. The Scouts in our Parish are:

Maryanna Couloubaritsis\*  
Gabriella Graves  
Serena Guigley  
Evie Guigley

Katherine Schmitt  
Kate Shipman  
Lee Couloubaritsis  
Nick Douglas

\*Maryanna received the Gold Award this year. The Girl Scout Gold Award represents the highest achievement in Girl Scouts, equivalent to the Eagle Award in Boy Scouts.

- ◆ **Stewardship Cards:** By now you should all have received your 2018 Stewardship Information packet in the mail. Please prayerfully consider your pledge and turn your Stewardship Card in to Maria Moore or mail to/drop it by the church office. Thank you!
- ◆ **Library News:** We have Lenten reading available here in the parish library including The Lenten Spring, Great Lent, and the Lenten Covenant. **New library arrivals**-Tears of Repentance, Know Your Faith, and Everyday Saints and Other Stories. Don't forget to look for our monthly book reviews in the parish epistle! Come check us out on Tuesdays 10:00am to 2:00pm or see me after services and I will help you find a book. Billy Benson
- ◆ **Parish Assembly**, Sunday, March 11th 12:00 Noon in Cotros Hall
- ◆ **2018 Scholarship Applications**, as provided, are available on the Parish website at <http://www.goann.net/education/scholarships>. Check back regularly for updates.
- ◆ **Elpis Board Meeting**, March 13th, 6:30 pm in the Library
- ◆ **Elpis General Meeting**, March 20th, 6:00 pm in Cotros Hall
- ◆ **2018 Lenten Lecture Series and Dinners** 7:00 pm each Wednesday immediately following Pre-sanctified Liturgy

## **MARCH 7 - FR. JON BOUKIS**

Dinner sponsored by Daughters of Penelope

## **MARCH 14 - FR. MICHAEL MARCANTONI**

Dinner sponsored by the Sinis Family

## **MARCH 21 - FR. LARRY LEGAKIS**

Dinner sponsored by AHEPA

## **MARCH 28 - DR. ARISTOTLE PAPANIKOLAOU**

Dinner sponsored by Elpis Philoptochos

**Becoming Truly Human**—Follow Basil as he navigates our modern cultural landscape, engaging with a group of spiritual "nones" (religious unaffiliated) in honest and open discussion on religion and spirituality, while recounting his own journey as a "none" in search of spiritual wholeness.

## **3 Screenings**

**Tuesday, April 24 7:00 pm**—Malco Forest Hill Cinema Grill

**Wednesday, April 25 7:00 pm**—Malco Studio on the Square

**Thursday, April 26 7:00 pm**—Cordova Town Cinema

# Weekly Schedule

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## **Sunday, March 4th, Sunday of St. Gregory Palamas**

### **Scout Sunday**

† Orthros/Divine Liturgy 8:45 am

† 40 Day Memorial for Diana Mazas

† Nursery available 10:00 am—12:00 Noon

† Sunday School 11:00 am

† Coffee Fellowship hosted by family of Diana Mazas for her 40 Day Memorial 12:00 Noon in Cotros Hall and by the Scout Parents for Scout Sunday

† Athenian Dance Troupe Practice 12:30 pm

† DOP Board Meeting 12:00 Noon in Library

## **Monday, March 5th**

† Great Compline 6:30 pm

† Fr. V's Adult Greek Class 6:30 pm

## **Wednesday, March 7th**

† Ninth Hour 5:30 pm

† Pre-Sanctified Liturgy 6:00 pm

† Lenten Dinner hosted by the Daughters of Penelope with our Lenten Speaker: Fr. John Boukis, Assumption Parish, Louisville, KY 7:00 pm

## **Friday, March 9th, Salutations to the Theotokos**

† Salutations to the Theotokos 6:30 pm

## **Sunday, March 11th, Sunday of the Holy Cross**

† Orthros/Divine Liturgy 8:45 am

† Nursery available 10:00 am—12:00 Noon

† Sunday School 11:00 am

† Parish Assembly 12:00 Noon in Cotros Hall

† Coffee Fellowship hosted by Constance Poplos